

SHIVAJI UNIVERSITY, KOLHAPUR



Accredited by NAAC 'A++' Grade

CHOICE BASED CREDIT SYSTEM WITH

**MULTIPLE ENTRY AND MULTIPLE EXIT OPTIONS IN THE
UNDERGRADUATE DEGREE PROGRAMMES OF
PSYCHOLOGY**

(Regulations in accordance with National Education Policy

2020 to be implemented from Academic Year

2022-23 onwards)

Shivaji University, Kolhapur
B.A. Part-I (Semester - I)
Paper –I Understanding Psychology
(Revised Syllabus to be implemented from June, 2022 onwards)

- i. Paper** : I
ii. Title of paper : Understanding Psychology
iii) Specific Objectives :
1. To acquaint students with basic concepts of Psychology.
 2. To make students aware with neuroscience and behavior.
 3. To make students aware with motivation, various approaches of motivation and human needs.
 4. To understand emotions, range and the roots of emotions.

iv. Module	No. of credits
Module- 1 Introduction to Psychology	01
Module-2 Neuroscience and Behavior	01
Module-3 Motivation	01
Module-4 Emotions	01

v. Equivalence

Old Paper	New Paper
Introduction to Psychology	Understanding Psychology

vi. Recommended Reading

a) Basic Reading

Feldman, R.S. (2019). Understanding Psychology, 12th Edition, Fourth reprint 2019, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5

b) Books for reference

1. Ciccarelli, S. K & Meyer, G.E (2008). Psychology, (South Asian Edition). New Delhi: Pearson Longman
2. Feldman, R.S.(2016). Understanding Psychology, 10th Edition, Indian Edition, Ninth reprint, 2016, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-1-25-9003005-9, ISBN-10:1-25-900305-1

vii) Nature of Question Paper (Semester End Examination)

Total Marks =40

Q.1 Complete the following sentences by choosing correct alternative. (5 Marks)

Q.2 Write short notes (any three out of five): (15 Marks)

Q.3 Answer the following questions.

a) Broad question. (10 Marks)

OR

b) Broad question. (10 Marks)

Q.4 Answer the following questions.

a) Broad question. (10 Marks)

OR

b) Broad question. (10 Marks)

VIII) CIE for 10 marks

Shivaji University, Kolhapur
B.A. Part-I (Semester - I)
Paper I Understanding Psychology
(Revised Syllabus to be implemented from June, 2022 onwards)

Module1: Introduction to Psychology

- 1.1 Definition of Psychology
- 1.2 Today's Perspectives
 - a) Psychodynamic Perspective
 - b) Behavioral Perspective
 - c) Cognitive Perspective
 - d) Humanistic Perspective
- 1.3 Conducting Psychological Research
 - a) Naturalistic Observation
 - b) Survey Research
 - c) Experimental Research-Experimental group and Controlled group, Independent and Dependent Variables, Random assignments of Participants
- 1.4 Psychology's Future

Module 2: -Neuroscience and Behavior

- 2.1 Neurons
 - a) The Structure of the Neuron
 - b) How Neurons fire?
 - c) Neurotransmitters
- 2.2 The Nervous System
 - a) Central and Peripheral Nervous Systems
 - b) Activating the Divisions of the Atomic Nervous System
- 2.3 The Endocrine System
- 2.4 The Brain
 - a) Studying the Brains Structure and Functions
 - b) The Limbic System
 - c) The Cerebral Cortex

Module 3: Motivation

- 3.1 Explaining Motivation
 - a) Drive Reduction Approaches
 - b) Arousal Approaches
 - c) Incentive Approaches
 - d) Cognitive Approaches
- 3.2 Maslow's Hierarchy
- 3.3 Human Needs and Motivation
 - a) The motivation behind hunger and eating
 - b) The need for Achievement
 - c) The need for Affiliation
 - d) The need for Power

Module4: Emotions

- 4.1 Understanding Emotional Experiences
 - a) The Functions of Emotion
- 4.2 Determining the Range of Emotion
- 4.3 The Roots of Emotions
 - a) The James-Lange Theory
 - b) The Cannon-Bard Theory
 - c) The Schachter-Singer Theory
 - d) Making sense of multiple perspectives on Emotion

Shivaji University, Kolhapur
B.A. Part-I (Semester - II)
Paper -II Basic Principles of Psychology
(Revised Syllabus to be implemented from June, 2022 onwards)

- i. Paper** : **II**
ii. Title of paper : **Basic Principles of Psychology**
iii) Specific Objectives :
1. To make the students aware with learning, classical conditioning and operant conditioning.
 2. To makes the students familiar with foundations of memory.
 3. To understand personality, various approaches, and assessment techniques of personality.
 4. To make students aware with intelligence, theories of intelligence, Emotional intelligence, mental retardation and intellectually gifted.

iv. Module	No. of credits
Module- 1 Learning	01
Module-2 Memory	01
Module-3 Personality	01
Module-4 Intelligence	01

v. Equivalence

Old Paper	New Paper
General Psychology	Basic Principles of Psychology

vi. Recommended Reading

c) Basic Reading

1. Feldman, R.S. (2019). Understanding Psychology, 12th Edition, Fourth reprint 2019, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5
2. Kothurkar, and Vanarase (1986). Experimental Psychology: A Systematic Introduction, New Delhi: Wiley Eastern Ltd. (for module 1.1. &1.2)

d) Books for reference

1. Ciccarelli, S. K & Meyer, G.E (2008). Psychology, (South Asian Edition). New Delhi: Pearson Longman
2. Feldman, R.S. (2016). Understanding Psychology, 10th Edition, Indian Edition, Ninth reprint, 2016, Chennai: McGraw Hill Education (India) Private Limited, ISBN-13:978-1-25-9003005-9, ISBN-10:1-25-900305-1

vii) Nature of Question Paper (Semester End Examination)

Total Marks = 40

Q.1 Complete the following sentences by choosing correct alternative. (5 Marks)

Q.2 Write short notes (any three out of five): (15 Marks)

Q.3 Answer the following questions.

a) Broad question. (10 Marks)

OR

b) Broad question. (10 Marks)

Q.4 Answer the following questions.

a) Broad question. (10 Marks)

OR

e) Broad question. (10 Marks)

VIII) CIE for 10 marks

Shivaji University, Kolhapur
B.A.: Part-I (Semester - II)
Paper -II Basic Principles of Psychology
(Revised Syllabus to be implemented from June, 2022 onwards)

Module 1 Learning

1.1 Definition of learning

1.2 Types of Learning

1.3 Classical Conditioning

- a) The Basics of Classical Conditioning
- b) Applying Conditioning Principles to Human Behavior
- c) Extinction
- d) Generalization and Discrimination

1.4 Operant Conditioning

- a) Thorndike's Law of Effect
- b) The Basics of Operant Conditioning
- c) Reinforcement
- d) Positive Reinforcers, Negative Reinforcers and Punishment
- e) The Pro and Cons of Punishment
- f) Shaping

Module 2 Memory

2.1 The Foundations of memory

- a) Sensory Memory
- b) Short-Term Memory
- c) Working Memory

2.2 Long-Term Memory

- a) Long-Term Memory Modules
- b) Semantic Networks
- c) The Neuroscience of Memory

2.3 Autobiographical Memory

Module 3 Personality

3.1 Definition of Personality

3.2 Psychodynamic Approaches to Personality

a) Freud's Psychoanalytic Theory

i) Structuring Personality

ii) Developing Personality

iii) Defense Mechanisms

3.3 Trait Approaches

a) Allport's Trait Theory

b) Cattell and Eysenck

c) Big Five Personality Traits

3.4 Assessing Personality

a) Self-report Measures of personality

b) Projective Methods

c) Behavioral Assessment

Module 4 Intelligence

4.1 What is intelligence?

4.2 Theories of Intelligence

a) Fluid and Crystallized Intelligence

b) Gardner's Multiple Intelligences

4.3 Practical and Emotional Intelligence

4.4. Assessing Intelligence - Binet and development of IQ tests

4.5 Mental Retardation

4.6 The Intellectually Gifted