



Estd. 1962
"A++" Accredited by
NAAC (2021)
With CGPA 3.52

SHIVAJI UNIVERSITY, KOLHAPUR

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शिवाजी विद्यापीठ, कोल्हापूर ४१६ ००४, महाराष्ट्र

दूरध्वनी - इपीबीएक्स - २०६०९०००, अभ्यासमंडळे विभाग : ०२३१-
२६०९०९४, २६०९४८७

वेबसाईट : www.unishivaji.ac.in ईमेल : bos@unishivaji.ac.in



SU/BOS/ Humanities / 54

Date: 23 /02/2026

To,

3) **The Head,**
Psychology Department,
Shivaji University, Kolhapur

4) **The Principal/ Director,**
All affiliated Colleges/ Institute,
Shivaji University, Kolhapur.

Subject: Regarding revised syllabus of Ph. D. Coursework Psychology under the Faculty of Humanities as per National Education Policy 2020.

Sir/Madam,

With reference to the subject mentioned above, I am directed to inform you that the university authorities have accepted and granted approval to the revised syllabi, Nature of Question paper and equivalence of Ph. D. Coursework Psychology under the Faculty of Humanities as per National Education Policy 2020.

This Syllabus, shall be implemented from the academic year **2025-26** onwards. A soft copy containing the syllabus is attached herewith and it is available on university website www.unishivaji.ac.in **NEP-2020@suk (Online Syllabus)**.

You are therefore, requested to bring this to the notice of all students and teachers concerned.

Thanking you,

Yours faithfully,

S Bhutkar

Dy. Registrar

Encl. : As above.

Copy to: For Information and necessary action.

1	The Dean, All Faculty	7	P.G.Admission Section
2	Director, Board of Examination and Evaluation	8	Affiliation T. 1 & T. 2 Section
3	The Chairman, Respective Board of Studies	9	Appointment A & B Section
4	All On Exam Section	10	P.G.Seminar Section
5	B.Sc. / M.Sc. Exam Section	11	I.T. Cell / Computer Centre
6	Eligibility Section	12	Internal Quality Assurance Cell (IQAC)

SHIVAJI UNIVERSITY, KOLHAPUR



Established: 1962

A++ Accredited by NAAC (2021) With CGPA 3.52

New Syllabus For
Doctor of Philosophy [Ph. D.]
Ph.D. Coursework in Psychology

UNDER
Faculty of Humanities
Ph.D. Coursework in Psychology

STRUCTURE AND SYLLABUS IN ACCORDANCE WITH

NATIONAL EDUCATION POLICY – 2020

HAVING CHOICE BASED CREDIT SYSTEM
WITH MULTIPLE ENTRY AND MULTIPLE EXIT OPTIONS

(TO BE IMPLEMENTED FROM ACADEMIC YEAR 2025-26 ONWARDS)

SHIVAJI UNIVERSITY, KOLHAPUR

Doctor of Philosophy [Ph. D.] Ph.D. Coursework in Psychology

COURSE STRUCTURE

(To be implemented from Academic Year 2025-26 Onwards)

A) Pre-Registration Coursework:

Sr. No.	Paper Title	Examination Scheme				
		No. of Credit	Theory		Minimum passing 40%	Total Marks
			Continuous Assessment	Written Examination		
1	2	3	4	5	6	7
1	Research and Publication Ethics (RPE)	2	20	30	20	50
Written Exam: MCQ TYPE / To be Conducted faculty wise through Examination Section						

Before the confirmation of registration, the scholar has to complete Pre - Registration Coursework.

Continuous Assessment will be done through tutorials, assignments, quizzes and group discussions, Weightage will be given for active participation. Final written examination will be conducted at the end of the course

B) After Registration Pre Ph.D. Coursework:

1) Total No. of Compulsory Papers as per UGC Guideline:

Sr. No.	Subjects Papers	No. of Credits	Marks
1	Research Methodology, Quantitative Techniques and Computer Application.	4	100
2	Recent Trends in the subject concerned	4	100
3	Optional Paper (Based on Specialization).	4	100
	Total	12	300

2) SCHEME OF TEACHING:

Sr. No.	Paper Title	Teaching Scheme			
		Lectures in Hours	Seminars in Hours	Library Work in Hours	Total Hours
1	Research Methodology, Quantitative Techniques and Computer Application	40	10	10	60
2	Recent Trends in Psychology	40	10	10	60
3	Optional Paper 1. Industrial Psychology 2. Counselling Psychology 3. Clinical Psychology	40	10	10	60

3) SCHEME OF EXAMINATION:

Sr. No.	Paper Title	Examination Scheme				
		No. of Credit	Theory Marks	Internal Marks	Minimum Passing 40%	Total Marks
1	Research Methodology, Quantitative Techniques and Computer Application	4	80	20	40	100
2	Recent Trends in Psychology	4	80	20	40	100
3	Optional Paper 1. Industrial Psychology 2. Counselling Psychology 3. Clinical Psychology	4	80	20	40	100
Total		12				300

- **Theory Examination:** is to be conducted by the university with duration of **3 hours per paper.**
- **Internal Examination** is to be conducted by the concerned departments or research centers in the following form:
 1. For paper 1 and 2 the internal evaluation will include 2 Seminars of 10 Marks each
 2. For paper – 3 the internal evaluation will be as follows:
 - a) Seminars and Presentation) - 10 marks
 - b) Reviews Literature: Submission and Presentation- 10 marks

STANDARD OF PASSING:

- i) The scholar should secure minimum 40% marks to complete the course work in individual paper. Ph.D. scholar has to obtain a minimum of 55% of marks or its equivalent grade in the UGC 7 - point scale in the course work in order to be eligible to continue in the programme and submit the dissertation / thesis (as per R.D. 11.9). the candidate will be allowed to reappear the examination for one, two or three papers if he / she could not achieve 55% aggregate in coursework examination.
- ii) The examination shall be conducted at the end of each academic year.
- iii) The evaluation of the performance of the scholars shall be as per scheme of examination.
- iv) Question Paper shall be set in the view of the / in accordance with the entire syllabus and preferably covering each unit of syllabus.

NATURE OF QUESTION PAPER AND SCHEME OF MARKING:

The nature of question paper for the subject/paper shall be as indicated below:

- a. Short answered questions (*Any Four Out of Six Questions*) (20 Marks)
- b. Long answered questions (*Any Two Out of Four Questions*) (20 Marks)
- c. Short notes (*Any Four Out of Six Questions*) (20 Marks)
- d. Problems / Cases / Exercise Oriented Questions.
(*Any One Out of Two Questions*) (20 Marks)

Note: *Question Paper should focus on all units in the syllabus*

C) Training in Teaching/Education / Pedagogy (4 Credits) during their doctoral Period as Follow.

Sr. No	Paper Title	No. of Credit	Theory Marks	Internal Marks	Minimum Passing 40%	Total Marks	Remark
1	Training in Teaching (Theory)	2	40	10	20	50	E- Content Prepared by BOS Education
2	Training Teaching (Practical)	2	50	---	20	50	Practical Based BOS of concerned subject (e.g. Seminar, etc.)
	Total	4	90	10	40	100	

Training is to be conducted at university department and the consequent evaluation and assessment is to be done as per the curricular framework.

(Papers will have separate passing head for theory examination and internal evaluation 32+8=40)

Ph.D. Coursework in Psychology

Compulsory Paper No. I

Research Methodology, Quantitative Techniques and Computer Application

Total Credits: 4 (Each credit = 15 hours)

Total Hours: 60

Total Marks: 100 (Theory: 80, Internal: 20. Internal evaluation will include seminar and Library work of 10 Marks each.)

Mode: Seminar, Lecture, Review Presentation

Module I: Introduction, Acquiring Knowledge, and the Scientific Method

1.1 Methods of Knowing and Acquiring Knowledge

- a) The Method of Tenacity
- b) The Method of Intuition
- c) The Method of Authority
- d) The Rational Method
- e) The Empirical Method

1.2 The Scientific Method

- a) The Steps of the Scientific Method
- b) Other Elements of the Scientific Method
- c) The Steps of the Research Process
- d) Common Sources of Research Topics

1.3 Searching the Existing Research Literature in a Topic Area

- a) Tips for Starting a Review of the Literature
- b) Primary and Secondary Sources
- c) The Purpose of a Literature Search
- d) Conducting a Literature Search
- e) Using Online Databases and Using PsycINFO
- f) Screening Articles during a Literature Search
- g) Ending a Literature Search

1.4 Using a Research Idea to Form a Hypothesis and Create a Research Study

- a) Characteristics of a Good Hypothesis
- b) Using a Hypothesis to Create a Research Study
- c) Finding an Idea for a Research Study from a Published Research Article

Module II: Defining and Measuring Variables

2.1 Constructs and Operational Definitions

- a) Theories and Constructs
- b) Operational Definitions
- c) Limitations of Operational Definitions
- d) Using Operational Definitions

2.2 Validity and Reliability of Measurement

- a) Consistency of a Relationship
- b) Validity of Measurement
- c) Reliability of Measurement
- d) The Relationship between Reliability and Validity

2.3 Scales of Measurement

- a) The Nominal Scale
- b) The Ordinal Scale
- c) Interval and Ratio Scales
- d) Selecting a Scale of Measurement

2.4 Modalities of Measurement and Other Aspects of Measurement

- a) Self-Report Measures
- b) Physiological Measures
- c) Behavioural Measures
- d) Multiple Measures
- e) Sensitivity and Range Effects

Module III: research Strategies, Validity and Statistics

3.1 Research Strategies

- a) The Descriptive Research Strategy: Examining Individual Variables
- b) Strategies That Examine Relationships between Variables
- c) The Correlational Research Strategy: Measuring Two Variables for Each Individual
- d) Comparing Two or More Sets of Scores: The Experimental, Quasi-Experimental, and Nonexperimental Research Strategies
- e) Research Strategies, Research Designs, and Research Procedures
- f) Difference between Quantitative and Qualitative research design: Deductive and Inductive methodology

3.2 External and Internal Validity

- a) External Validity
- b) Internal Validity
- c) Validity and the Quality of a Research Study

3.3 Threats to Internal Validity

- a) Extraneous Variables
- b) Confounding Variables
- c) Extraneous Variables, Confounding Variables, and Internal Validity

3.4 Parametric and Non-parametric Statistics

- a) Correlation and regression: Actual Mean and assumed Mean correlation, Biserial Correlation and simple regression
- b) Independent t test, paired t test, and z test for comparing Means
- c) Analysis of Variance: One-way-ANOVA, Two-way-ANOVA, Repeated One-way-ANOVA and Two-way-ANOVA,
- d) Chi-square: Equal, Normal distribution, and Contingency table method

Module IV: Selecting research Participants

4.1 Introduction to Sampling

- a) Populations and Samples
- b) Representative Samples
- c) Sample Size and sampling formula
- d) Sampling Basics

4.2 Probability Sampling Methods

- a) Simple Random Sampling
- b) Systematic Sampling
- c) Stratified Random Sampling
- d) Proportionate Stratified Random Sampling
- e) Cluster Sampling
- f) Combined-Strategy Sampling
- g) Nonprobability Sampling Methods: Convenience Sampling and Quota Sampling

4.3 General APA Guidelines for Writing Style and Format

- a) Some Elements of Writing Style
- b) Guidelines for Typing or Word Processing
- c) Manuscript Pages

4.4 Quantitative Techniques and Computer Application

- a) Using SPSS for data analysis
- b) Using of Excel for data analysis

Books for reading:

American Psychological Association. (2019). Publication Manual of the American Psychological Association (7th ed.), APA

Broota, K. D. (1998). Experimental Designs in Behavioural Research. Wiley Eastern.

Edwards, A. I. (1985). Experimental designs in psychological research. Harper & Row.

Gravetter, F. J. and Forzano, Lori-Ann B. (2017). Research Methods for the Behavioural Sciences (Sixth Edition). Cengage Learning.

Howitt, D & Cramer, D. (2005). Introduction to Research Methods in Psychology. Pearson Education.

Kerlinger, N. (1996). Foundations of behavioural research. India: Prentice Hall

Morling, B. (2014). Research Methods in Psychology: Evaluating a World of Information. (2nd ed.)
New York: Norton & Company

Ranjit Kumar (2006). Research Methodology: A step-by-step guide for beginners. N. D: Pearson Education.

Singh, A. K. (2006). Tests, Measurements and Research methods in Behavioural sciences. (5th ed.)
Patna: Bharati Bhavan.

Zechmeister, J. S. Zechmeister, E. B. & Shaughnessy, J. J. (2001). Essentials of Research Methods in Psychology.

Course Outcomes:

After successfully completion of the Ph.D. coursework, the aspirant will be able to:

CO1: Understand and critically evaluate various methods of acquiring knowledge and the foundations of the scientific method. (Understand and Evaluate)

CO2: Conduct systematic and comprehensive literature reviews using various sources and databases. (Apply and Analyse)

- CO3: Define, operationalize, and measure psychological constructs using valid and reliable methods.
(Understand, Analyse, and Evaluate)
- CO4: Analyse and evaluate various research strategies and understand issues of research validity.
(Analyse and Evaluate)
- CO5: Apply appropriate statistical techniques for quantitative data analysis. (Apply and Evaluate)
- CO6: Demonstrate understanding of sampling methods and participant selection in research.
(Understand and Apply)
- CO7: Apply APA guidelines and scholarly writing skills to produce structured research reports.
(Understand and Apply)
- CO8: Use statistical software and tools for data analysis in psychological research. (Understand and Apply)

Ph.D. Coursework in Psychology

Compulsory Paper No. II

(Recent Trends in Psychology)

ADVANCED PERSPECTIVES IN NEUROPSYCHOLOGY AND DIGITAL PSYCHIATRY

Total Credits: 4 (Each credit = 15 hours)

Total Hours: 60

Total Marks: 100 (Theory: 80, Internal: 20. Internal evaluation will include seminar and Library work of 10 Marks each.)

Mode: Seminar, Lecture, Review Presentation

Module 1: Contemporary Theoretical Trends in Psychology

1.1 Cognitivism and the Cognitive Revolution

- a. Rise after behaviourism's decline
- b. Contributions of George A. Miller and Ulric Neisser
- c. Information processing and computer metaphor

1.2 Social Constructionism

- a. Theory-leadeness of observation
- b. Contributions of Ken Gergen and Peter Berger
- c. Sociocultural implications in psychotherapy

1.3 Cross-Cultural and Indigenous Psychology

- a. Comparison of cultural, cross-cultural, and indigenous psychologies
- b. Challenges in universal applicability of Western psychology
- c. Emphasis on community-based perspectives

1.4 Feminism and Positive Psychology

- a. Feminist critique of androcentrism
- b. Rise of Positive Psychology by Martin Seligman
- c. Reframing pathology through strength-based approaches

Module 2: Digital Psychiatry Foundations

2.1 Telepsychiatry in India: Legal and Ethical Framework

- a. Key regulations: MHCA 2017, IT Act 2000, NMC Guidelines 2023
- b. Consent, privacy, data protection (DPDP Act 2023)
- c. Challenges with Schedule C drugs and telepsychotherapy

2.2 TELE-MANAS and Public Health Access

- a. National Tele Mental Health Programme of India
- b. Tiered service model and treatment gap reduction
- c. Challenges in implementation

2.3 Helpline and Community Outreach Models

- a. Psychiatry Helpline systems and crisis management
- b. Historical evolution and global examples
- c. Integration with digital platforms

Module 3: Tools, Applications, and AI in Mental Health

3.1 Psychiatry and Mental Health Apps

- a. Therapeutic, diagnostic, and self-help applications
- b. Ethics, privacy, and usability issues
- c. Assessment frameworks for clinical use

3.2 Artificial Intelligence in Psychiatry

- a. Definitions, tools, and machine learning approaches
- b. AI in diagnosis, prediction, and treatment planning
- c. Challenges: transparency, bias, and clinical decision-making

3.3 Digital Literacy and Data Security in Practice

- a. Cyber-security challenges
- b. Use of EHRs and encrypted platforms
- c. Clinician training and patient education

Module 4: Future Directions and Challenges in Digital Psychology

4.1 Transcultural Tele-psychiatry

- a. Cultural sensitivity in digital consultations
- b. Language barriers and digital divide
- c. Local adaptations and models

4.2 Digital Interventions in Addiction and SUDs

- a. Emerging evidence in SUD treatment
- b. Online counselling, CBT apps, relapse prevention tools
- c. Barriers to retention and engagement

4.3 Mental Health in the Digital World

- a. Internet gaming disorder, digital fatigue, screen dependency
- b. Newer diagnostic categories
- c. Limitations of existing nosology

4.4 Ethical and Policy Challenges Ahead

- a. Practitioner accountability in telepractice
- b. Data sovereignty and cross-jurisdictional treatment
- c. Future reforms in digital psychiatry

References

Farooqi, S. R. (2021). *Current Trends in Psychology*. IGNOU Press, New Delhi.

Kakunje, A. & Reddy, N. (2023). *Digital Psychiatry*. Indian Psychiatric Society- South Zone. ISBN: 978-93-5812-931.

Course Outcomes:

CO1: Analyze contemporary theoretical trends in psychology (Analyze, evaluate)

CO2: Explain cognitive and sociocultural perspectives and contributions (Understand, Analyze)

CO3: Apply cultural and indigenous frameworks in psychological contexts (apply, analyze)

CO4: Critically appraise feminist and positive psychology approaches (Analyze)

CO5: Demonstrate legal and ethical competence in digital psychiatry (apply)

CO6: Explain public digital mental health systems and initiatives (Understand, Analyze)

CO7: Critically assess digital tools and AI in psychiatry (Evaluate)

CO8: Apply digital literacy and data security principles in practice (apply)

CO9: Analyze emerging challenges in digital psychology (analyze)

CO10: Develop ethical and policy-oriented perspectives (Create)

Ph.D. Coursework in Psychology

Optional Paper No. 1

Industrial Psychology

Total Credits: 4 (Each credit = 15 hours)

Total Hours: 60

Total Marks: 100 (Theory: 80, Internal: 20. Internal evaluation will include seminar and Library work of 10 Marks each.)

Mode: Seminar, Lecture, Review Presentation

Module I: Introduction to Industrial/Organizational (I/O) Psychology

1.1 The Field of I/O Psychology

- a) 1.2 Differences Between I/O and Business Programs
- b) 1.3 Major Fields of I/O Psychology
- c) 1.4 Brief History of I/O Psychology
- d) 1.5 Employment of I/O Psychologists
- e) 1.6 Educational Requirements and Types of Programs

1.2 Research in I/O Psychology

- a) Why Conduct Research?
- b) Considerations in Conducting Research

Module II: Job Analysis and Evaluation

2.1 Job Analysis

- a) Importance of Job Analysis
- b) Writing a Good Job Description

2.2 Employment Profile

- a) Preparing for a Job Analysis
- b) Conducting a Job Analysis
- c) Using Other Job Analysis Methods
- d) Evaluation of Methods

2.3 Job Evaluation

- a) Determining Internal Pay Equity
- b) Determining External Pay Equity
- c) Determining Sex and Race Equity

Module III: Employee Selection: Recruiting

3.1 Employee Recruitment

- a) Media Advertisements
- b) Point-of-Purchase Methods

3.2 Advertisements

- a) Recruiters
- b) Employment Agencies and Search Firms
- c) Employee Referrals

3.3 Employment Profile

- a) Direct Mail and Internet
- b) Social Media
- c) Job Fairs
- d) Special Recruit Populations and Nontraditional Populations
- e) Recruiting “Passive” Applicants
- f) Evaluating the Effectiveness of Recruitment Strategies

Module IV: Module III: Employee Selection: Interviewing and Applicant Ability

4.1 Employment Interviews

- a) Types of Interviews
- b) Advantages of Structured Interviews
- c) Problems with Unstructured Interviews
- d) Creating a Structured Interview
- e) Conducting the Structured Interview

4.2 Job Search Skills

- a) Successfully Surviving the Interview
- b) Process
- c) Writing Cover Letters
- d) Writing a Résumé

4.3 Applicant Ability

- a) Cognitive Ability
- b) Perceptual Ability
- c) Psychomotor Ability
- d) Physical Ability

Basic Reading books:

Aamodt, M. G. (2015). Industrial/Organizational Psychology: An Applied Approach, Eighth Edition, Cengage Learning

Bisen, V. and Priya (2000). Industrial Psychology. New age international (p) ltd, publishers

Truxillo, D. M., Bauer, T. N., & Erdogan, B. (2016). Psychology and work: Perspectives on Industrial and Organizational Psychology. Routledge.

Course Outcomes:

After successfully completion of the Ph.D. coursework, the aspirant will be able to:

CO1: Understand the Foundations of Industrial/Organizational Psychology (Understanding)

CO2: Analyze and Apply Techniques in Job Analysis and Evaluation (Apply and Analyse)

CO3: Evaluate and Design Effective Employee Recruitment Strategies (Analyse and Evaluate)

CO4: Critically Assess Interviewing Techniques and Applicant Assessment Methods (Analyse and Evaluate)

Ph.D. Coursework in Psychology

Optional Paper No. 2

Counselling Psychology

Total Credits: 4 (Each credit = 15 hours)

Total Hours: 60

Total Marks: 100 (Theory: 80, Internal: 20. Internal evaluation will include seminar and Library work of 10 Marks each.)

Mode: Seminar, Lecture, Review Presentation

Module I: Personal And Professional Aspects of Counselling

1.1 Definition of Counselling

- a) Guidance, Psychotherapy and Counselling

1.2 The Personality and Background of the Counsellor

- b) Negative Motivators for Becoming a Counsellor
- c) Personal Qualities of an Effective Counsellor
- d) Maintaining Effectiveness as a Counsellor

1.3 Professional Aspects of Counselling

- a) Levels of Helping
- b) Professional Helping Specialties
- c) The Education of Professional Counsellors

1.4 Credentialing of Counsellors

- a) Inspection, Registration, Certification and Licensure

Module II: Ethical And Legal Aspects of Counselling

2.1 Definitions: Ethics, Morality, and Law

2.2 Ethics and Counselling

2.3 Professional Codes of Ethics and Standards

- b) The Development of Codes of Ethics for Counsellors
- c) Limitations of Ethical Codes
- d) Conflicts Within and Among Ethical Codes

2.4 Making Ethical Decisions

- a) Other Guidelines for Acting Ethically

2.5 Ethics in Specific Counselling Situations

- a) School Counselling and Ethics
- b) Computers, Counselling, and Ethics
- c) Couple and Family Counselling and Ethics
- d) Other Counselling Settings and Ethics

Module III: Building Counselling Relationships

3.1 Factors that Influence the Counselling Process

- a) Seriousness of the Presenting Problem
- b) Structure
- c) Initiative
- d) The Physical Setting
- e) Client Qualities
- f) Counsellor Qualities

3.2 Types of Initial Interviews

- a) Client- versus Counsellor-Initiated Interviews
- b) Information-Oriented First Interview
- c) Relationship-Oriented First Interview

3.3 Conducting the Initial Interview

- a) Empathy
- b) Verbal and Nonverbal Behavior
- c) Nonhelpful Interview Behavior

Module IV: Psychoanalytic, Adlerian, And Humanistic Theories of Counselling

4.1 Theory

- a) Importance of Theory
- b) Theory into Practice

4.2 Psychoanalytic Theories

- a) Psychoanalysis

4.3 Adlerian Theory

- b) Adlerian Counselling

4.4 Humanistic Theories

- c) Person-Centered Counselling
- d) Existential Counselling
- e) Gestalt Therapy

Basic Reading Books:

Geldard, K., & Geldard, D. (2003). *Counselling skills in everyday life*. Red Globe Press.

Gladding, S. T. (2016). *Counselling: A Comprehensive Profession*. Pearson.

McLeod, J. (2007). *Counselling skill*. Open University Press.

Prout, H. T., & Fedewa, A. L. (2015). *Counselling and Psychotherapy with Children and Adolescents: Theory and Practice for School and Clinical Settings*. John Wiley & Sons.

Course Outcomes:

After successfully completion of the Ph.D. coursework, the aspirant will be able to:

- CO1: Demonstrate advanced conceptual clarity of the nature, scope, and functions of counselling psychology. (Understand and Analyse)
- CO2: Analyze and apply ethical and legal standards in professional counselling practice. (Apply and Analyse)
- CO3: Develop and evaluate strategies for initiating and maintaining effective counselling relationships. (Apply and Evaluate)
- CO4: Critically evaluate and apply foundational theories of counselling in professional practice. (Apply, Analyse, and Evaluate)

Ph.D. Coursework in Psychology

Optional Paper No. 2

Clinical Psychology

Total Credits: 4 (Each credit = 15 hours)

Total Hours: 60

Total Marks: 100 (Theory: 80, Internal: 20. Internal evaluation will include seminar and Library work of 10 Marks each.)

Mode: Seminar, Lecture, Review Presentation

Module: 1 Abnormal Psychology: Overview and Research Approaches

1.1 What Do We Mean by Abnormality? Indicators of Abnormality

1.2 The *DSM-5* and the Definition of Mental Disorder

- A. Thinking Critically about *DSM-5* What Is the *DSM* and Why Was It Revised?
- B. Classification and Diagnosis
- C. What Are the Disadvantages of Classification?
- D. How Can We Reduce Prejudicial Attitudes Toward
- E. People Who Are Mentally Ill?

1.3 Culture and Abnormality

- A. How Common Are Mental Disorders?
- B. Prevalence and Incidence
- C. Prevalence Estimates for Mental Disorders
- D. The Global Burden of Disease
- E. Treatment

1.4 Mental Health Professionals

- A. Research Approaches in Abnormal Psychology
- B. Sources of Information
- C. Case Studies
- D. Self-Report Data
- E. The Experimental Method in Abnormal Psychology
- F. Developments in Research & its Importance**

Module: 2 Clinical Assessment and Diagnosis

2.1 Three Fundamental Concepts

- A. Reliability
- B. Validity
- C. Standardization

2.2 The Nature and Goals of Assessment

- A. Important Factors Influencing Assessment
- B. Ensuring Culturally Sensitive Assessment Procedures
- C. The Influence of Professional Orientation
- D. Trust and Rapport between the Clinician and the Client

2.3 Methods of Psychosocial Assessment

- A. Clinical Interviews
- B. The Clinical Observation of Behavior
- C. Psychological Tests

2.4 Developments in Research

- A. Using Smartphones and Wearable Biosensors in Psychological Assessment
- B. Physical Assessment
- C. Physical Examination
- D. The Neuropsychological Examination
- E. Neurological Approaches to Assessment

Module:3 Common Clinical Disorders

3.1 The Fear and Anxiety Response Patterns

- A. Fear
- B. Anxiety
- C. Overview of the Anxiety Disorders and Phobia
- D. DSM-5 Criteria for Specific Phobia
- E. Prevalence
- F. Social Anxiety Disorder

3.2 Mood Disorders: An Overview

- A. Types of Mood Disorders

- B. DSM-5 Criteria for Manic Episode
 - C. The Prevalence of Mood Disorders
 - D. Unipolar Depressive Disorders
- Major Depressive Disorder

3.3 Schizophrenia and Other Psychotic Disorders

- A. Schizophrenia 465
- B. Origins of the Schizophrenia Construct
- C. Epidemiology
- D. Clinical Picture
 - 1. Delusions
 - 2. Hallucinations
 - 3. Disorganized Speech
 - 4. Disorganized Behavior
 - 5. Negative Symptoms
 - 6. Schizoaffective Disorder

3.4 Personality Disorders

- A. Clinical Features of Personality Disorders
- B. Challenges in Personality Disorders Research
- C. Difficulties in Diagnosing Personality Disorders
- D. Types of Personality Disorder

Module: 4 Psychological Treatment

4.1 An Overview of Treatment

- A. Why Do People Seek Therapy?
- B. Who Provides Psychotherapeutic Services?
- C. The Therapeutic Relationship
- D. Measuring Success in Psychotherapy

4.2 Objectifying and Quantifying Change

- A. Would Change Occur Anyway?
- B. Can Therapy Be Harmful?
- C. The World around Us Not all Therapies are Created Equal
- D. What Therapeutic Approaches Should Be Used?

4.3 Evidence-Based Treatment

- A. Medication or Psychotherapy?
- B. Combined Treatments
- C. Psychosocial Approaches to Treatment
 - 1. Behavior Therapy
 - 2. Cognitive and Cognitive-Behavioural Therapy
 - 3. Humanistic-Experiential Therapies 587
 - 4. Psychodynamic Therapies
 - 5. Couples and Family Therapy
 - 6. Rebooting Psychotherapy
 - 7. Psychotherapy and Cultural Diversity

4.4 Biological Approaches to Treatment

- A. Antipsychotic Drugs
- B. Antidepressant Drugs
- C. Antianxiety Drugs
- D. Non- medicinal Biological Treatments

Reference Book:

Jill M. Hooley | Matthew K. Nock | James N. Butcher., Abnormal Psychology 8th Edi, Pearson Education Limited 2021

Course Outcomes:

CO1: Explain the historical and contemporary perspectives on abnormal behavior, including major theoretical models (biological, psychological, sociocultural).

CO2: Identify and classify psychological disorders based on current diagnostic systems such as the DSM-5-TR.

CO3: Describe the symptoms, causes, and treatment approaches for a wide range of mental disorders, including anxiety disorders, mood disorders, schizophrenia, personality disorders, and neurodevelopmental disorders.

CO4: Apply critical thinking skills to evaluate empirical research in abnormal psychology and distinguish between evidence-based practices and pseudoscientific claims.

CO5: Recognize the role of prevention and early intervention in the management of mental disorders. Engage in self-reflection and mental health advocacy, fostering empathy and awareness toward individuals with mental illness.