

# शिवाजी विद्यापीठ ,कोल्हापूर व्यवसाय मार्गदर्शन आणि मानसशात्रीय समुपदेशन केंद्र मानसिक आरोग्य व व्यवसाय मार्गदर्शन उपक्रमाचं

### 2022-2023

## "One-day Workshop on Career and Educational Opportunities in Psychology"

The Department of Psychology at Shivaji University, in collaboration with the Center for Career Guidance and Psychological Counselling, organized a highly informative and engaging oneday workshop **dated 4<sup>th</sup> May 2023** on the topic of "Career and Educational Opportunities in Psychology." The workshop aimed to provide valuable insights into various career paths within the field of psychology and to guide the M.A. I and M.A. II year students in making informed career choices.

#### Inauguration Program (11:00 AM - 11:30 AM):

The workshop commenced with an inaugural program, during which the attendees were welcomed **by Dr. Ashwini Patil**. Her warm words of encouragement and enthusiasm set the tone for the day's proceedings. Following the welcome, **Prof. Subhash Kombde**, Head of the Department of Psychology, addressed the gathering, highlighting the importance of exploring diverse career avenues in the field of psychology.

#### Session 1: Career Guidance and Counseling (11:30 AM - 12:15 PM):

The first session of the workshop was conducted by **Mr. Satyajit Desai**, an expert in career guidance and counseling. Mr. Desai shared valuable insights on the importance of career planning, skill assessment, and aligning personal interests with potential career paths. He emphasized the role of psychological counseling in aiding individuals to make informed decisions about their educational and professional trajectories.

# Session 2: Career Opportunities in Industrial, Criminal, and Forensic Psychology (12:15 PM - 12:35 PM):

Dr. Ashwini Patil, who previously inaugurated the event, conducted the second session. She elaborated on the intriguing field of Industrial, Criminal, and Forensic Psychology. Dr. Patil discussed the various applications of psychology in these specialized domains, shedding light on how psychological insights contribute to understanding human behavior in organizational, legal, and forensic settings.

#### Session 3: Career Opportunities in Counselling Psychology (12:35 PM - 12:55 PM):

**Miss. Sakshi Gavade** led the third session, focusing on the exciting prospects in the realm of Counseling Psychology. She discussed the significance of mental health support and how counseling psychologists play a vital role in addressing various emotional and psychological challenges

individuals face. Miss. Gavade's session sparked interest among the participants in pursuing careers that involve helping individuals overcome personal difficulties.

#### Session 4: Career Opportunities in Clinical Psychology (12:55 PM - 1:15 PM):

In the final session of the workshop, **Mr. Milind Sawant** delved into the field of Clinical Psychology. He highlighted the role of clinical psychologists in assessing, diagnosing, and treating mental health disorders. Mr. Sawant's insights illuminated the importance of comprehensive psychological assessment and the range of therapeutic interventions used in clinical practice.

Throughout the workshop, the proceedings were skillfully anchored by Miss. Pranaya Mahakal. The event concluded with a vote of thanks by Miss. Jyoti Nikalje, expressing gratitude to all the speakers, participants, and organizers for making the workshop a successful and enlightening endeavour.

The workshop on "Career and Educational Opportunities in Psychology" proved to be a remarkable initiative by the Department of Psychology and the Centre for Career Guidance and Psychological Counselling. It not only widened the participants' understanding of the diverse applications of psychology but also inspired them to consider a variety of rewarding career paths within the field. The event was undoubtedly a valuable resource for the students pursuing their M.A. degrees and looking to shape their future careers in psychology.



#### **CARRER GUIDENCE PROGRAMME PHOTOS**



# मानसिक आरोग्य व व्यवसाय मार्गदर्शन उपक्रमाचं

#### <u>अहवाल</u>

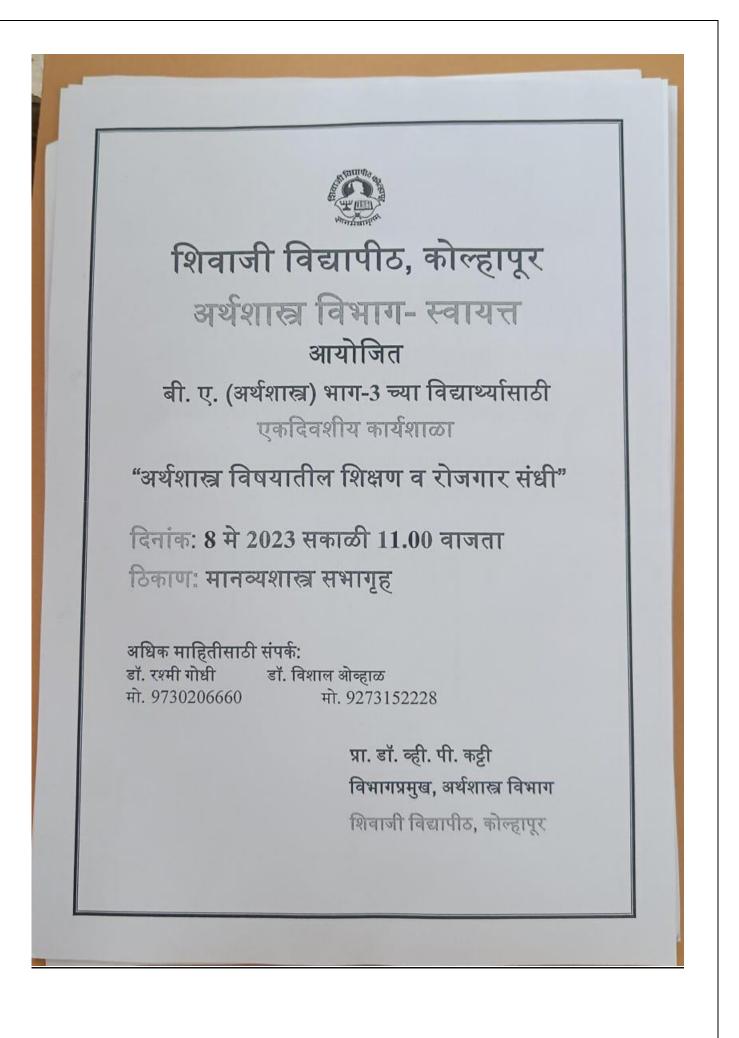
मानसशात्र अधिविभागात व्यवसाय मार्गदर्शन व मानसशात्रीय समुपदेशन केन्द्र सुरु असून या केन्द्र मार्फत शिवाजी विद्यापीठतील अधिविभास भेटी देऊन विद्यार्थ्यांचे मानसिक आरोग्य व करिअर मागदर्शन केले गेले . नियमित समुपदेशक मे 2023 महीन्या पासून उपलब्ध झाले आहे. व्यवसाय मार्गदर्शन व मानसशात्रीय समुपदेशन केन्द्रचे समुपदेशक श्रीं सत्यजित देसाई यांनी अधिवभागास भेटी देऊन वेळ घेतली त्या नुसार विद्यार्थ्यांचे मानसिक आरोग्य व करिअर मागदर्शन केले. मानसिक आरोग्य व व्यवसाय मार्गदर्शन उपक्रमाच्या अंतर्गत हारींग बेस वर समुपदेशक श्री सत्यजित देसाई यांनी मानसिक आरोग्य ,ताण–तणाव ,चिंता भिती नाते संबंध , आत्मविश्वास , करिअर बाबत आपली मते, निर्णय या विषयांवर मार्गदर्शन केले .

#### Event :-

1. One day workshop on Career Opportunity in Psychology 4 may 2023 jointly organized with Psychology Department.

2 Two day workshop on Human Resource Development 9<sup>th</sup> & 10<sup>th</sup> may 2023. jointly organized with Academy for Academic Administration.

Sr. No	Month	Individual Counselling	Group Counselling	Total Number of Counselling	Total Visit of Department
1	May	29	529	558	
WORKSHOP					34 Department.
2	4 May- Career Opportunity in Psychology	0	34	34	2 PROGRAMS
3	9 <sup>th</sup> &10 th May - Human Resource Development	0	280	280	
4	JUNE	27	113	140	
	TOTAL.		1012		







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