

SHIVAJI UNIVERSITY, KOLHAPUR

Draft Programme Circular No. 491

Exam of **March-2026**

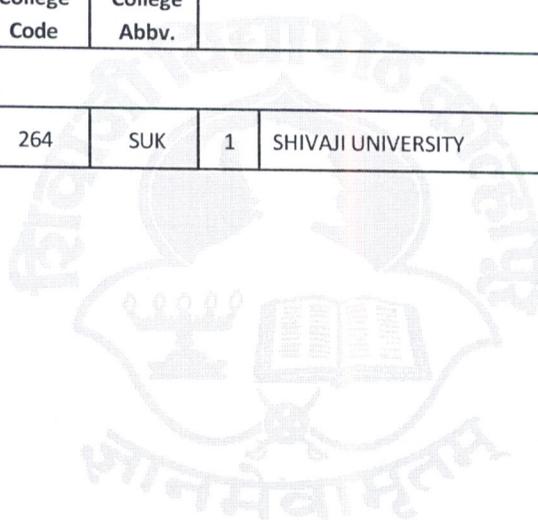
Faculty: **Interdisciplinary Studies**

Course : **4473 - M.A. Yogashastra NEP20**

Instructions: Common instruction as per Circular No.SU/On Exam/29, Dated 01 February, 2020 and Circular No. available on University website : www.unishivaji.ac.in

1. The Centers and Places of the Examination will be as under:

No.	Center	College Code	College Abbv.	Places
Kolhapur District				
1	KOLHAPUR	264	SUK	1 SHIVAJI UNIVERSITY



2. The written examination will be conducted in the following order

Sem.	Subject Code	Subject Name [Branch Name]
Date & Day :- 11-Apr-2026, Saturday 10.30 AM - 12.30 PM		
1	115129	115129-Foundation of Yog -

Date & Day :- 13-Apr-2026, Monday 10.30 AM - 12.30 PM		
1	115130	115130-Anatomy and Physiology of Yogic practices -

Date & Day :- 18-Apr-2026, Saturday 10.30 AM - 12.30 PM		
1	115136	115136-Research Mehtodology -

Date & Day :- 11-Apr-2026, Saturday 02.30 PM - 04.30 PM		
2	120018	120018-Hath Yogic Texts-I -

Date & Day :- 13-Apr-2026, Monday 02.30 PM - 04.30 PM		
2	120019	120019-Patanjal Yogsutra -

Date & Day :- 15-Apr-2026, Wednesday 02.30 PM - 03.30 PM		
2	120021	120021-Yoga and Positive Psychology for Managing Career and Life -

Date & Day :- 16-Apr-2026, Thursday 02.30 PM - 04.30 PM		
2	120022	120022-Astang Yog -
2	120024	120024-Professional Yog and Naturopathy -

Date & Day :- 07-May-2026, Thursday 10.30 AM - 01.30 PM		
3	94058	94058-Introduction to Meditation Techniques -

Date & Day :- 04-May-2026, Monday 02.30 PM - 05.30 PM		
4	94061	94061-Traditional Yoga Text -

Date & Day :- 05-May-2026, Tuesday 02.30 PM - 05.30 PM		
4	94062	94062-Yog Diet and Nutrition -

Date & Day :- 06-May-2026, Wednesday 02.30 PM - 03.00 PM		
4	94063	94063-Advance Teaching Practices Practical- I -

Date & Day :- 07-May-2026, Thursday 02.30 PM - 05.30 PM		
4	94065	94065-Yogs In Principle Upnishadas -

Important :

In Case of any Query found in respective Question Paper, student shall communicate the same through Principal/Senior Supervisor within 03 days from the date of concerned Question Paper to Deputy Registrar, Appointment Section, Room No. 205 Exam . Building No. 1 Shivaji University, Kolhapur- 416004.

Note :

The Examination Programme is subject to change, Candidates are therefore advised to see the Final Examination Programme, if there is any change in the Examination Programme the University is not responsible for loss or inconvenience caused to the candidates.

Vidyanagar,
Kolhapur - 416004
Date :



Director

Board of Examinations and Evaluation

