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## शिवाजी विद्यापीठ, कोल्हापूर

### परिपत्रक

०२ /२०२६

**Subject:** Organization of Art of Living Training Programmes for Students, Faculty and Staff under MoU between Shivaji University and The Art of Living

All Heads of Departments, Directors, Coordinators, Teachers, Administrative Officers and Coordinators and Principals/Directors of affiliated colleges and recognized institutions are hereby informed that, in connection with the MoU signed between Shivaji University and The Art of Living (TAOL), Bangalore, we are pleased to inform you about the collaborative initiative to implement the Art of Living Training Programme in our University and its affiliated colleges.

#### **Objective:**

The objective of this partnership is to empower students, faculty, and staff by providing them with essential life skills, stress management techniques, and mind-body wellness practices through programs specifically designed by The Art of Living. These programs are aligned with the holistic approach to education under the National Education Policy (NEP) 2020 and aim to foster intellectual, emotional, social, and ethical development.

#### **Proposed Programs:**

- Youth Empowerment and Skills (YES!+) program for students aged 18 years and above
- Faculty Development Program (FDP) for teaching and administrative staff
- Special residential program (Executive Leadership Program) for administrative staff and senior faculty from outside Kolhapur

#### **Guidelines:**

1. Colleges and departments are requested to actively promote and facilitate these programs through seminars, information sessions, and awareness campaigns.
2. All interested students and staff are encouraged to voluntarily enroll in these programs.
3. Necessary logistical support should be provided, including clean and well-ventilated spaces, audio-visual equipment, water facilities, whiteboards, markers, etc.
4. During the program days, transportation within the city should be arranged for the Art of Living trainers.

#### **Participation and Fees:**

The program fee (donation) should be paid voluntarily by the participants. The amount of the program donation will be mutually decided between The Art of Living and the participating institutions.

This initiative is a significant step towards empowering our university community, fostering better mental health, higher emotional and spiritual intelligence, enhanced life skills, leadership abilities, and fundamental human values for personal and professional excellence. We look forward to your full cooperation in effectively organizing these transformative programs.

For more details or assistance with coordination, please contact Dr. Pramod J. Patil.

Email: pjp.snst@unishivaji.ac.in

Phone: 09833754804 Coordinator, Shivaji University, Kolhapur

  
(Dr. V. N. Shinde)  
Registrar

**Ref. No. Establishment / १४**

**Date: ०३ JAN 2026**

Copy to:

For information and necessary action,

- 1) All Heads of Departments, Directors, Coordinators, Teachers, Administrative Officers and Coordinators
- 2) Principals/Directors of affiliated colleges and recognized institutions for information
- 3) Offices of the Hon'ble Vice-Chancellor, Hon'ble Pro-Vice-Chancellor, Hon'ble Registrar, Hon'ble Deans, Hon'ble Director of Examinations and Evaluation Board, Hon'ble Accounts Officer.
- 4) Internet Department - This circular should be published on the university website.